

son is wealthy and the table expenses must be paid out of the salary of the president.

Mrs. Taft early decided to put her household affairs in the hands of Mrs. Jaffray, who came from Minneapolis. She discharged them with so much executive ability that Mrs. Wilson was very glad to arrange for her during the Wilson regime.

The White House has only 30 servants—a much smaller retinue than many of our millionaires consider necessary to their comfort, but the housing and feeding of this small army alone would seem enough to occupy one woman's time.

Mrs. Jaffray sets the proper example to American housekeepers by doing **ALL HER OWN MARKETING**.

She goes **PERSONALLY** to market and she explained to me that she believes in the French idea of marketing—buying only enough for the occasion.

"Of course, I do buy in immense quantities," she said, "but you must remember that we often give formal dinners to 70 people and we have entertained with refreshments as many as 2,000 people at a time!"

And right then Mrs. Jaffray told me something which should be carefully considered by those women who patronize the delicatessen shops.

"Everything which goes on the White House table is made in the White House kitchen and we never get extra help when we have a big dinner party.

"We make our own bread, soups, salads, pastries, ices and puddings and a **WOMAN COOK** has charge of it all, including the cooking of the meats.

"If I buy canned goods **OF ANY KIND**, I seldom buy them in over dozen lots."

Mrs. Jaffray knows absolutely how much food it will take to feed a certain number of guests and she buys only for that number. Then she requires those under her supervision to

see that none of this is wasted or spoiled in preparation.

"I buy the best of everything—but I do **NOT** buy fruits and vegetables out of season. I think the high cost of living is not so great as the cost of high living. I do not, for instance, buy strawberries when they are 75 cents a box—even for formal dinners—although I saw many Washington women of moderate circumstances doing so early in the season."

Mrs. Jaffray runs the White House just as she did her own beautiful home at Minneapolis. Each morning the cook brings to her the menus for the day and she usually makes some changes. Then she has her conference with Mrs. Wilson, to whom she gives an outline of the day's program. Mrs. Wilson sometimes offers a suggestion, but generally the work goes through as planned, for Mrs. Jaffray has the White House methods well in hand. After this she does her marketing and gives her orders to the different servants.

The afternoons are devoted to buying the linen, china and glass and, like all women, she takes great pleasure in this. She has just been stocking up the linen closets, and she showed me some beautiful napkins which, although of the finest damask and beautifully embroidered, were not of patterned linen.

#### --- —o—o— Daily Healthgram.

Food must assimilate as well as digest if a person is to benefit by what he eats. Some time very thin people are large eaters. They may digest their food, but perhaps it doesn't assimilate.

---

—o—o—  
With 604 cases pending, the U. S. Supreme Court has gone off on four months' vacation. Those judges draw \$113,500 per year. To expedite business, we should have two U. S. Supreme Courts, with 11 months' vacation, according to the professional obsession.